## Transition for Local Self-Reliance of "Care, Food, Energy" The "Welfare Mall", A Step of Japan's 0.1 % city

Higashi-Ohmi, 110,000 population, 50km east of Kyoto, forest 60%, 20% farming, 10% industrial

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## "Welfare Mall", -elder care facilities, slow food restaurant and energy facilities, run by community business.

Under challenges -- rising aging rate,

solar panel on rooftop, funded by citizens



Workplace for the Old, the Mentally Handicapped and the Young











slow-food restaurant and café

firewood workshop

day center for the old, elder care planning center, home- visit services center

## transition team

After three year's discussion among transition team, composed by key person in the field of elder care, hospital, public health, environment, the vision and process plan of new healthcare model has been emerged.



"Mantra" party

## Tool of transition: Change agent "Mantra" map,









Change agents include local government, citizen, private sector, medical doctor, researcher, monk, teacher, care manger, etc,

voluntary everybody participate as indivisual

